

# Crate Training & Sleeping Guide

A simple plan for the first weeks home.

## WEEK BY WEEK

### WEEKS 7–8

- **Goal:** Introduce crate comfort and prevent accidents.
- Expect 1–2 potty breaks overnight. Hold time: 2–3 hours.
- **Routine:** Feed 3 hrs before bed, remove water 1–2 hrs before, final potty.
- **Night:** Set alarm every 2.5–3 hrs. Quiet potty, back to crate.

### WEEKS 9–10

- **Goal:** Increase hold time and reduce wake-ups.
- Expect 1 potty break. Hold time: 3–4 hours.
- Routine stays consistent. Slightly extend time between breaks.
- **Night:** 3–4 hr stretch, extend if dry.

### WEEKS 10–12

- **Goal:** Longer sleep stretches.
- Expect 5–6 hrs sleep. Some sleep through night.
- Maintain routine. Test longer stretches.

## TIPS

- Use crate divider (no extra space)
- Always ensure full potty before bed
- Ignore minor whining if recently pottied
- Day training impacts night success
- Avoid common mistakes: big crate, late water, inconsistency

***Bottom line:*** *Consistency drives success. Adjust routine if accidents continue.*

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